MITT
EUROPEAN GROUP ON
MINIMALLY-INVASIVE THYROID TREATMENTS

Save© Your Thyroid
International School of SIUMB

Minimally-Invasive Treatments of the THYROID

MITT 2027

Changing the Paradigm
Redefining Thyroid Care

NAPLES ITALY

Hotel Royal Continental

18th-19th FEBRUARY 2027

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Minimally Invasive Thyroid Treatments (MITT) have been demonstrated to be effective treatments for benign and malignant thyroid diseases and are increasingly integrated into clinical practice throughout Europe and worldwide. Growing evidence and continuous technological evolution are progressively reshaping the management of thyroid and parathyroid disorders.

Founded in 2018 in Italy, the MITT group promotes multidisciplinary collaboration among physicians involved in minimally invasive thyroid treatments, with the aim of improving the clinical, diagnostic, and therapeutic management of thyroid and parathyroid diseases.

The 2027 MITT Conference will further strengthen its international and European dimension, bringing together experts from multiple countries to share their experience and discuss evolving evidence, new technologies, clinical indications, and future perspectives of MITT.

A distinctive feature of the 2027 edition will be the organization of several joint sessions together with international scientific societies involved in minimally invasive treatments of the thyroid, promoting interdisciplinary discussion and international cooperation in research, education, and guideline development.

Interactive sessions, expert debates, video-based procedural learning, and real-life clinical case discussions will provide participants with a practical and clinically oriented educational experience.

The meeting will conclude with a dedicated hands-on afternoon session, allowing participants to directly experience different ablation technologies and techniques on dedicated phantoms under expert supervision.

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SCIENTIFIC COMMITTEE

Giovanni Antonelli, Naples - IT
Stella Bernardi, Trieste - IT
Edouard Ghanassia, Sete - FR
Giovanni Mauri, Milan - IT
Enrico Papini, Albano Laziale, RM - IT
Luca Maria Sconfienza, Milan - IT
Luigi Solbiati, Milan - IT
Stefano Spiezia, Naples - IT

LOCAL HOST

Giovanni Antonelli, Naples - IT
Stefano Spiezia, Naples - IT

DAY 1
THURSDAY, 18TH FEBRUARY 2027

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09.45-10.15	Registration
10.15-10.30	WELCOME TO MITT 2027

SESSION 1
Benign thyroid nodules

10.30-10.35	Video clip: benign thyroid nodule ablation - anatomy of the neck key points
10.35-10.40	Clinical case: from comprehensive assessment to the treatment
10.40-10.45	Interactive questions
10.45-10.55	Image-guided treatment to compensate thyroid overtreatment
10.55-11.05	Agreement and disagreements in different guidelines
11.05-11.15	Is thyroid surgery evolving as a second line treatment? When and how?
11.15-11.25	When thermoablation achieves therapeutic success compared to surgery?
11.25-11.35	Q&A
11.35-11.55	**Round table:** Are we ready to propose ablation as first line treatmentì for BTN?

SESSION 2
Before, during and after the procedure

11.55-12.00	Video-clip: preparation and setting
12.00-12.05	Clinical case
12.05-12.10	Interactive questions
12.10-12.20	The patient consultation
12.20-12.30	Preprocedural workup, room setting and postprocedural management
12.30-12.40	Which is the ideal nodule to treat?
12.40-12.50	Which technique for which case?
12.50-13.00	Q&A
13.00-13.20	Ethical aspects: clinical cases presentation
13.20-14.20	Break
14.20-14.35	**Special Lecture:** From reactive to proactive approach

DAY 1
THURSDAY, 18TH FEBRUARY 2027

SESSION 3
Hot Topics: Autonomously functioning Thyroid nodules (AFTN) - with LAITA

14.35-14.40	Video clip: AFTN ablation
14.40-14.45	Clinical case
14.45-14.50	Interactive questions
14.50-15.00	Clinical presentation and medical management Pros and cons of radioiodine ablation
15.00-15.10	Key points on the treatment of AFTN: management of the energy, the vascular technique, successful treatment's benchmarks
15.10-15.20	Thermal ablation in AFTN vs non thermal ablation a new paradigm shift
15.20-15.25	Q&A
15.25-15.35	*Discussion*

SESSION 4
Hot Topics: The indeterminate nodule

15.35-15.40	Video clip: the indeterminate nodule
15.40-15.45	Clinical case
15.45-15.50	Interactive questions
15.50-16.00	Molecular testing: which one is better, and how to interpret the results
16.00-16.10	Which cryteria to follow treating indeterminate nodules
16.10-16.20	Surgery, pros and cons
16.20-16.30	Ablation, pros and cons
16.30-16.40	Q&A
16.40-17.00	**Round table:** Can we ablate indeterminate nodules
17.00-17.20	Break

SESSION 5
New in the field: Thyroid embolization

17.20-17.25	Video clip: embolization treatment clinical case
17.25-17.30	Clinical case
17.30-17.35	Interactive questions
17.35-17.45	Thyroid embolization: how I do it
17.45-17.55	Combined therapies, what role for MITT
17.55-18.05	Q&A
18.05-18.25	Round table: Multimodal approach to the treatment of symptomatic goiter
18.25-18.40	**Special Lecture:** Terminology and reporting criteria in image-guided

DAY 2
FRIDAY, 19TH FEBRUARY 2027

Minimally-Invasive Treatments of the THYROID MITT 2027
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08.00-08.30 Registration

08.45-09.00 **WELCOME TO 2ND DAY**

09.00-09.15 **Introduction Special Lecture:**
Counterbalancing overdiagnosis by minimizing the invasiveness of treatment

SESSION 6
PTC

09.15-09.20 Video clip, PTC
09.20-09.25 Clinical case
09.25-09.30 Interactive questions
09.30-09.40 Active surveillance: pros and cons
09.40-09.50 Surgery: pros and cons
09.50-10.00 US guided ablation: pros and cons
10.00-10.10 TIPS and TRICKS: pearls of US guided treatment's technique
10.10-10.20 Q&A
10.20-10.40 **Round table:**
Are we ready to propose ablation as first line treatment for PTC?

10.40-11.10 Break

11.10-11.25 **Special Lecture:**
How everiything started and where are we going to

SESSION 7
LYMPH NODE

11.25-11.30 Video-clip: lymph-node ablation
11.30-11.35 Clinical case
11.35-11.40 Interactive questions
11.40-11.50 Eligibility to different treatments: is ablation a shortcut to surgery?
11.50-12.00 Management of oligometastatic, advanced recurrent or nodal metastases
12.00-12.10 Q&A
12.10-12.30 **Round table:**
How to follow up

DAY 2
FRIDAY, 19TH FEBRUARY 2027

SESSION 8
PARATHYROID

12.30-12.40 Parathyroid ablation, clinical and anatomical management
12.40-12.50 Tips and Tricks of ablative technique
12.50-13.00 Q&A

13.00-13.20 **Special Lecture:**
NEW TECHNOLOGY - Nano-Pulse field ablation: results and durability

13.20-13.35 Concluding remarks: what scenarios could we imagine for the next future?

14:00-18:00 **HANDS-ON COURSE**
Thermal ablation

Participants will have the opportunity to perform ablations on dedicated phantoms using different systems across various stations, all under expert supervision.

[LIMITED AVAILABILITY]

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MEETING VENUE
Hotel Royal Continental
Via Partenope, 38
Naples, Italy

ORGANIZING SECRETARIAT
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OFFICIAL LANGUAGE
English

REGISTRATION FEES (VAT included)
The Meeting is reserved for n. 200 Participants

Scan the QR code to proceed with the registration:

Registration to the MEETING	Early registration until December 31th, 2026	Registration from January 1st, 2027
NON member	€ 350,00	€ 450,00
MITT member	€ 100,00	€ 200,00
Member of Scientific Societies affiliated with the MITT	€ 250,00	€ 350,00
Registration to the COURSE Registration is only possible in combination with meeting registration	Early registration until December 31th, 2026	Registration from January 1st, 2027
HANDS-ON Course on thermal ablation	€ 100,00	€ 100,00

https://**eumitt**.com/